

The Way Things Were... An aerial look back at our Harbour community, then and now. Photos courtesy of Eve Turek/Yellowhouse Gallery



Update On Association Dues Collections

Total Amount Submitted for collection	\$153,118
Collected to Date	\$ 48,376
Written Off (Bank Foreclosed etc.)	\$ 10,522
Balance to Collect	\$ 93,752
2013/2014 Current Assessment	\$ 20,469
Previous Years unpaid	\$ 61,721
Late and Legal Fees Added and unpaid	\$ 70,928

Maintenance Yard Hours of Operation

Phone: (252) 441-4026

November 1st through March 1st:

Saturday 9:00 AM to 2:00 PM

May 1st through October 31st:

Tuesday & Thursday 11:00 AM to 5:00 PM; Saturday 9:00 AM to 2:00 PM





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ALL ADS AND AD PAYMENTS MUST BE RECEIVED IN THE OFFICE NO LATER THAN FRIDAY, DECEMBER 13TH, 2013 TO BE INCLUDED IN THE JAN./FEB. 2014 ISSUE OF HARBOUR HEADLINES. IF THE CHA OFFICE DOES NOT RECEIVE PAYMENT FOR ADS BY THE DUE DATE, THEY WILL NOT BE PRINTED.



Bruised by a dispute with your neighbor? The occasional conflict is a natural byproduct of living very close to one another. It's possible to get your disagreement resolved before it escalates and certainly before you end up in court. You should consider mediation – a process that can save you money and aggravation and lead to more peaceful community environment.

In mediation, a neutral third party meets with you and your neighbor, often in an informal setting, to keep everyone focused on solving the problem. Mediation works particularly well by managing expectations and, generally, the dispute is resolved within a day.

A mediators' first task is to understand how and why the conflict escalated. He or she is trained to search through highlycharged responses to understand the crux of the problem. Mediation is about compromise. Be willing to learn and hear. Be open-minded. Mediation tends to fail when people can't get beyond their emotions.

If you go to court, one of you will win and one will lose. If you mediate your differences, both of you will find consensusbased, creative solutions to your problems. And that allows for more harmony in the community.

You can find a qualified mediator in our area by searching on "mediators" in your web browser or in the Yellow Pages.



CHY&RC News

Our **Oktoberfest** dinner prepared by **Chef Steve Duffy** was held on October 26th. A great feast was had by all who attended. Thanks Steve for the great dinner.

Upcoming events:

- November 23rd Turkey Shoot at 2PM followed by dinner.
- December 7th Tree Light up night
- December 14th
 Christmas Dinner

Be sure to watch the board at the exit date for more information and sign updates to attend these events.

Non-Conforming Apartments in Colington Harbour

In July of this year, Dare County implemented an increase in occupancy tax effective January 2014. Although the occupancy tax doesn't apply to most of our property owners, it does bring to light another problem in our community: non-conforming or illegal apartments.

- Illegal apartments violate R-4 zoning regulations and create additional population in our community, which in turn stresses the infrastructure of our community. The increased stress on the infrastructure translates into more money spent maintaining our community and other problems.
- Starting January 1, 2014, the Association will enforce R-4 zoning through our Restrictive Covenants and report non-conforming apartments to the proper agencies. Advance notice is being given so as not to create hardships for those renting said apartments. Your cooperation and compliance are appreciated.

CAPE MANAGEMENT

Phone: (252) 480-2700 - Fax: (252) 480-2042 Website: www.capeobx.com 1410 S. Virginia Dare Trail Kill Devil Hills, NC 27948

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Garden Of The Month Award

Submitted by Beth Knight Brown

Photos by Sue Colter

Nestled safely off the main road, on 439 Kitty Hawk Bay Drive, stands the colorful home of Ray and June Beasley. When they bought it in 1999, the dark brown house was lost in a very dense woodsy setting. The gloominess had to go and was transformed into to a tropical gala of color with breathtaking views of Kitty Hawk Bay with just a little paint, plants, and lots of hard work. They began by painting the house an Avid Apricot, and adding tropical Coral shutters, and a bright Bahamas Blue tin roof. Two chain saws later, the yard appeared and the Beasley's planted the first Jelly Palm out front. The Low Country Oaks were neatly trimmed up and many Washington Palms, azaleas, jasmine, Fatsia, canna, white Durant and other tropical plants were added. All the landscaping progressed quite nicely including the beach out back until Irene hit 2 years ago.

Besides sinking their sail boat and tearing apart the pier, the hurricane tore diagonally across the yard damaging everything. They lost a great deal of the new landscaping but not the hundred year old trees who withstood the storm like sentinels. "We lost a lot like others did, but we gained an extra four foot of sand!" added Beasley.

Since that time the Beasleys have filled the cleared area with a small, sturdy boat house replica for storage and an adorable tree house for the grandchildren who visit from New Mexico. "Our little beach is high maintenance," said Ray talking about the part of the back lot line which does not have rip-rap or a bulkhead. "But when you have kids that love the water like ours does, it's worth the trouble."

The whole yard reflects the couple's dedication as everything is neatly maintained with pine needle mulch, smooth river rock around the palms and thatched flower beds which are edged perfectly. There is even a boatload of geraniums out front to add some whimsy, along with an arrangement of old crab pot floats and pots that they have collected over the years. All summer long bloomed bright pots of hibiscus and bushes of Floribunda and Knock-out roses.





Ray and June Beasley, award winners of the Colington Harbour Yard of the Month for September, stand in front of their tropical home in Colington Harbour. At their feet is a new landscape grass called "Blue Lime" which they are using to hold the banks out back by the bulkhead and add bright color to their flower beds. The light blue grass provides a unique blend of strength and beauty and will helps to keep the soil behind the bulkhead from eroding.

June Beasley had just finished fertilizing all the palms with a liquid mixture of Palm Tone digging it into a traditional trench around the base. When asked to share a garden secret, she points to the original Jelly Palm. "That palm fit into a 2 gallon container when we bought it. I feed all of the palms several times a year. You have to stop in October, as the palms go dormant for the winter," she said. Ray added that pruning helps to keep them looking good. He uses a reciprocating saw, a "sawzall" to get a clean edge.

"My mother always said I kept the neatest room," added Ray. Being a Marine, known to be part of the few, the proud and the chosen probably also added to that tendency. The September Yard of the month is certainly optimally spitshined and ready for inspection beaming a sunny tropical "Hello and here I am!" greeting from a dead end section of the shadiest street in Colington.



Reporting Guidelines

911

- Fire
- Crime in progress
- Evidence of breaking and entering
- Accidents with injuries
- Swimmers in difficulty
- Discharge of firearms
- Serious injuries

Sheriff's Office - Non-Emergency -Anytime - 252-473-3444

The Sheriff's department would rather check out suspicious activity than take a larceny report later!

- Vehicles or persons in your neighborhood that you do not know
- Suspicion or evidence of entering of automobiles or boats and breaking and entering of homes
- Suspicion of criminal activity like drug use/sales, theft of construction supplies, domestic abuse, vandalism, loud parties, abusive or threatening actions or language
- Unlicensed (16 or younger) drivers operating automobiles, trucks or motorcycles including unlicensed off-road vehicles like ATVs, go-carts, dirt bikes, or golf carts operating on our roads

CrimeLine: 252-473-3111 or 800-745-2746

• An anonymous, safe way to report suspected crimes and by financially rewarding those tips that lead to an actual arrest

SPCA: 252-475-5620

- Dogs or cats without a collar, no license, or no rabies tags
- Animals exhibiting threatening behavior like growling, or hair raised on the neck or back
- An injured animal

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Colington Fire Department

Our annual Spaghetti Dinner fundraiser is scheduled for Saturday, November 9th. Come enjoy a fine meal of homemade spaghetti, salad, fresh bread and desserts. Dinner is served from 5 p.m. until 8, or while it lasts. Take out available.

Have a safe and happy upcoming holiday season!

No time of year is as exciting and enjoyable as the coming holiday season!

Throughout the Thanksgiving and Christmas seasons, family and friends, young and old, will gather to share the warmth that only this time of year brings.

Unfortunately, these seasons are also characterized by a tremendous amount of fires—many of which are traced back to seasonal decorations. The Colington Volunteer Fire Department believes that following a few simple, common sense suggestions can prevent most fires:

1. Watch Children...who are often the victims of fires. Be especially careful with matches and lighters. Teach children to stay away from candles, fireplaces and heaters.

2. Choose Toys With Care...Don't let a toy become a tragedy! Steer clear of any toy that produces heat or sparks. Make sure costumes and bed clothing are flame retardant and never buy any electrical toy that has not been thoroughly tested by a safety laboratory.

3. Check Your Lights...They may be pretty, but are they safe? Check your cord sets for damage. Make sure all lights are UL tested and that they are used properly. Never use any lights on a metal tree. Don't overload circuits, and use only outdoor-approved sets outside. Be sure to turn lights off before you leave home or go to bed.

4. Be Careful With Decorations...Keep all decorations away from any flame or heating device. Choose only fire retardant type decorations. Be especially careful with dried grass or corn stalks!

5. Use Candles With Caution...Take the time to trim wicks before lighting candles. This can reduce the amount of soot they produce. Never burn candles for an extended period,



and never leave them unattended. Candles cause numerous fires annually, especially this time of year.

6. Check Your Tree...Fresh cut trees and other forms of "cut" decorations need plenty of water. Keep them fresh. Never place near warm or hot air and never use candles near them! Once they start to shed or dry out, get rid of them.

Also, don't forget about space heaters. Give them plenty of space—at least 3 feet! Don't let children or wrapping paper get too close. Consider installing a cage around the heater to guard against accidents.

And finally, install and test smoke detectors and plan what to do should a fire occur. To start, a quick check of your smoke detector should insure that you will have sufficient warning of impending danger. Also, plan and practice your family's fire escape plan. Remember, visitors could be unfamiliar with the best routes out of a strange house, especially in an emergency.

HEROES WANTED

Your fire department is always looking for a few good men and women to become volunteer fire fighters. Training drills are held on Tuesday evenings. Experience is not necessary, but physical ability and a willingness to serve your neighbor is. Call or drop by the fire station to speak with someone about the exciting possibilities of becoming a fire fighter. (252) 441-6234. Visit our website at www.colingtonfd.com



NCDOT NEWS Release: SELC Action Further Delays NCDOT's Ability to Replace the Critical Bonner Bridge



RALEIGH — The North Carolina Department of Transportation learned Tuesday that the Southern Environmental Law Center appealed a federal judge's ruling that would allow construction to begin on the Bonner Bridge replacement project. The appeal will mean further delay in building a parallel bridge to replace the current bridge, which is already well beyond its expected 30 year lifecycle and in constant need of repair and maintenance to keep it safe for travel.

"The additional stall tactics of the SELC continue to put a strain on taxpayer money and our ability to keep this vital lifeline open for the people of eastern North Carolina and the millions of visitors who travel to the area each year," said NCDOT Secretary Tony Tata. "As the federal judge's ruling confirmed last month, NCDOT cares about the economy, the environmental impact, and the people in all that we do."

As the department has stated before, the Bonner Bridge stands on borrowed time and is one storm or incident away from having to close permanently.

On Sept. 16, NCDOT received a favorable ruling in the federal lawsuit filed by the Southern Environmental Law Center on behalf of the Defenders of Wildlife and National Wildlife Refuge Association when Judge Louise Flanagan issued a 42-page order denying all claims that NCDOT violated federal law when the department studied and selected the parallel bridge.



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NCDOT - Continued

On Sept. 27, Judge Julian Mann III issued an order allowing NCDOT to intervene in the state action filed by the SELC, on behalf of the Defenders of Wildlife and National Wildlife Refuge Association, against the N.C. Department of Environment and Natural Resources, Division of Coastal Management for issuing the permit to NCDOT. Legal staff is working to resolve the state action as quickly as possible.

The documents relating to the state action as well as the federal ruling are available on the Bonner Bridge Replacement webpage.

Next Steps

Once the CAMA permit challenge and the federal appeal are resolved, NCDOT immediately will move forward with construction of the new bridge. NCDOT awarded a contract to a design-build team to replace the bridge in August 2011. Design work began immediately and construction of the replacement bridge was originally set to begin in early 2013.

Background

At this time, the Bonner Bridge remains safe for travel; NCDOT teams are constantly monitoring the bridge and if safety ever becomes a concern, the bridge would be closed immediately. NCDOT has already spent more than \$56 million in necessary repairs, inspection and maintenance on the 50-year-old bridge since beginning the process to replace it more than two decades ago. Two additional repair projects on the Bonner Bridge, which total \$2 million, and are needed to keep this critical transportation corridor open, will start this fall.

A \$388,910 concrete repair project began last month. As part of the project, crews will apply concrete patches to areas of the bridge to protect exposed steel. These areas were identified for priority maintenance during the last regular two-year inspection of the bridge that took place in 2012.

The second repair project, totaling \$1.4 million, includes repairs to the supplemental supports of the bridge. Work on that project will begin in the next few weeks.





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Protecting People with Dementia

The National Institute on Aging reports that as many as 5.1 million Americans may have Alzheimer's disease, the most common



cause of dementia among older people. In addition to memory loss, symptoms include sleeplessness, agitation, depression, anxiety, anger and wandering.

According to the Alzheimer's Association, six in 10 people with dementia will wander. Because a person with Alzheimer's may become confused and disoriented and may not remember his or her name or address, wandering is particularly dangerous.

To avoid panic and improve the chances of a safe return, it is important to have an emergency plan in place in case a person with dementia becomes lost. The National Institute on Aging and the Alzheimer's Association recommend that caregivers take the following precautions:

- Make sure the person carries some form of identification or wears a medical bracelet indicating his or her illness and where he or she lives.
- Ask neighbors, friends and family to call if they see the person alone.
- Know your neighborhood. The Alzheimer's Association reports that 94 percent of people who wander are found within 1.5 miles of where they disappeared, so be aware of dangerous areas near the home, such as bodies of water, open stairwells, dense foliage, tunnels, bus stops and roads with heavy traffic.
- Because wandering usually follows the direction of the dominant hand, note whether the person is right- or left-handed.
- Make a list of people to call for help, and keep the list easily accessible.
- Let neighbors and local police know that the person tends to wander.
- Keep a list of places where the person may wander, including past jobs, former homes, places of worship or favorite restaurants.



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Continued page 10...

Dementia - Continued

- Keep a recent close-up photo and updated medical information to give to police if the person becomes lost.
- Consider enrolling the person in the MedicAlert + Alzheimer's Association Safe Return Program (visit www. alz.org or call (888) 572-8566 to find the program in your area).

Consider having the person carry or wear an electronic tracking GPS device, such as Comfort Zone and Comfort Zone Check-In, which helps indentify location.

When someone with dementia is missing:

- Begin search-and-rescue efforts immediately.
- Search the immediate area for no more than 15 minutes before calling for help.
- Call 911 and report that a person with Alzheimer's disease—a "vulnerable adult"—is missing.
- Call (800) 625-3780 to file a report with MedicAlert + Alzheimer's Association Safe Return. First responders are trained to check with MedicAlert + Alzheimer's Association Safe Return when they locate a missing person with dementia. You do not need to be enrolled in MedicAlert + Alzheimer's Association Safe Return to file a missing person report.

Front Entrance Security

With the barcode scanner system at the front entrance operating smoothly, residents are advised that Dare County law enforcement and Harbour staff has begun strictly enforcing entry. If you don't have a barcode decal, contact the Association office (252) 441-5886.



Things You Can Do To Relieve Stress

1. Take time for you!

Ask yourself, "Am I giving too much to others and not enough for myself? Do I need to take time to care for myself?" If the answer is "yes," then refuse to feel guilty about it and just do it!

If you feel guilty when you relax and do some thing you enjoy, chances are you will stop doing it. Ultimately, you lose. You may be living your life through other people's standards and expectations. Take control of your guiltproducing thoughts and tell yourself "It is okay and good for you to take time for myself." Focus on the benefits to you and your family when you are a more relaxed and energized person.

2. Walk every day

Walk by yourself or with a friend. Talk — not about problems, but possibilities. Stop along the way and smell the flowers.

3.Exercise more

Join an aerobics class, go to the gym, play tennis, ride a bike, hike on weekends, or jog with friends. Exercise does more to reduce stress hormones andchemicals in our body than any other activity. You will feel better.

4. Learn deep relaxation skills

Take a class in yoga, imagery training, progressive relaxation, meditation or autogenics. All of these will teach you how to relax your mind, body and emotions by focusing your attention on more peaceful thoughts.

5. Listen to relaxation tapes

Audiotapes are an excellent way to learn how to let go and relax. Develop the skill of deep relaxation. It will cleanse your body of damaging stress hormones and chemicals.

6. Listen to relaxing music

Whatever form of music you like can be appropriate to letting go and relaxing. New Age music and classical music are particularly helpful for reducing stress.

More signs of stress...

- Anger
- Perfectionism
- Time-urgency
- Disappointment
- Negative mood
- Underachievement
- Physical problems

Help Our Community Save You Money!

We all know that if we run out of money before all of our bills are paid each month, then it ends up costing us more money in the long run with late-fees and interest accumulating. It's easy to understand how important it is to have enough money available each month to meet our financial obligations.

Our association must also meet financial obligations and in order to do so, it depends upon the timely receipt of our assessments.

When our community's budget is approved by the Colington Harbour Board, it assumes two things: the amount of income must equal the amount of expenses, and, that each homeowner will pay his or her assessment in a timely manner. If one or the other fails to happen, we have a cash-flow problem and it usually results in costing all of us more money in the long run.

Ultimately, when even a few homeowners fail to pay their assessments on time it ends up costing us all more. We can all take part in keeping our Colington Harbour's expenses down, and one of the best ways is to make sure that your assessment check is sent on time!

BOAT SLIPS AVAILABLE

CONTACT THE COLINGTON HARBOUR ASSOCIATION FOR RATES AND INFORMATION

(252) 441-5886



Cape Management

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