



MARCH / APRIL 2016

VOLUME 2 • ISSUE 3

HARBOUR HEADLINES

COLINGTON HARBOUR, NORTH CAROLINA

BULKHEAD MAINTENANCE

Over the years, many of the bulkheads in Colington have fallen into neglect. For some owners, this has not been a priority; either they are not noticing, or they just do not have the funds to maintain it. It is expensive, but it is important to understand that if the bulkhead is not repaired, it could lead to more property loss, more damage to neighboring properties, and damage during storms.



Other problems a failing bulkhead present is when improving or selling a property. Per our Restrictive Covenants, when a building permit for new construction is applied for, it will not be approved until the bulkhead is replaced. When selling a property, this becomes a disclosure item for prospective buyers, possibly impacting sales. Most importantly, your failing bulkhead and the erosion of property that is already resulting from it, may cause shoaling in the canal in front of your property. If, or when that happens, the Association will have no choice but to protect the navigability of the canal. If they are required to dredge the canal in order for it to remain passable, those fees and any others associated with it can be assessed against the owner. And, other legal action could be taken to collect for the work done on your behalf. Let's do our best to keep these bulkheads maintained, keep this community beautiful, and our neighbors happy.

BOARD MEETINGS

This is just a reminder that the Board meetings are now bimonthly Board meetings. The next two meetings will be held at **7pm** on the following dates; **March 15th**, **May 17th**. The Board hopes that this will increase meeting attendance by increasing the items of interest on each agenda.



Receive a free digital version of this Harbour Headlines eNewsletter as well as News & Updates from The Colington Harbour Association! Visit www.ColingtonHarbour.net and enter your information in the eNewsletter subscription form.

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ALL ADS AND AD PAYMENTS MUST BE RECEIVED IN THE OFFICE NO LATER THAN APRIL 31ST, 2016 TO BE INCLUDED IN THE MAY / JUNE 2016 ISSUE OF HARBOUR HEADLINES. IF THE CHA OFFICE DOES NOT RECEIVE PAYMENT FOR ADS BY THE DUE DATE, THEY WILL NOT BE PRINTED.

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CURB APPEAL

As a community, many owners bought into the Colington dream for the location, but a lot of you bought into it for the standards of this community. Remember, the neighbors around you look at your property on a daily basis. When you take care of your property, it promotes a positive reflection of the community to visitors, prospective homeowners, and everyone surrounding you. The standards were established with the best interests of the entire community at the time when the community was created. They are not new standards, though sometimes it may seem like they are. A full printout of the Covenants and Bylaws can be found on our website at www.colingtonharbour.net.

We are looking for volunteers to help with the beautification of the front entrance and possibly the hill next to the pool area, by planting flowers and other small plants. If you would like to help, please contact the office 252-441-5886. We will gather the names and set a day for planting - possibly Earth Day, April 22, 2016.

BOARD OF DIRECTORS ELECTIONS

IF you are interested in serving on the Colington Harbour Association Board of Directors, elections are upcoming this spring. The Association's Governing Documents require you to do the following:

Between the first and fifteenth of April, any member in good standing may file with the Secretary of the Association a statement of candidacy for election as a Director of the Association for the term beginning immediately following the annual meeting of the association, together with endorsements of candidacy signed by ten(10) members in good standing and a brief statement of not more than one hundred(100) words limited to biographical background to be included in the notice of such annual meeting.

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WRITE FOR THE HARBOUR HEADLINES

Have you always wanted to write for the New York Times...? Well everyone needs to start somewhere! Here is your chance to write for the Harbour Headlines. We are looking for a few people to write articles about community events, interests, school happenings; you name it. We are primarily looking for topics that involve Colington Harbour, but if you have another topic that affects our local community, feel free to share that as well. If you are interested in writing articles or just have an idea on topics you would like to see more of, please send an email with the proposed article and or topics to chamanager@embarqmail.com. Please keep in mind that articles must be fact based to be considered for the newsletter. This is not an appropriate venue for personal opinions or political statements.



BLOG FROM THE BOARD

Colington Harbour Association depends on the involvement of the owners to function at its best. We are only as strong as our volunteers. If homeowners care about their community, the chances are better for getting good things accomplished.

Ways for you to make a contribution:

- Follow rules and guidelines
- Attend bi-monthly board meetings
- Serve on committees
- Run for the board
- Always return ballots
- Report suspicious activity to authorities
- Provide feedback

We are a team. Here are the ways we currently collaborate with the members:

- Newsletter
- www.colingtonharbour.net
- Gate sign announcements
- Email blasts
- Social gatherings
- Board meetings

Get involved! See you at the next meeting,
Sharon Wheless



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CHA MAINTENANCE YARD FEES & SERVICES

Dare County charges the Association \$65/a ton for the commercial bins that are in the Maintenance Yard, so unfortunately we have had to change the fees charged. If you have any questions or concerns, feel free to contact the CHA office at (252) 441-5886.

- WINTER HOURS: 9am – 2pm Saturday
- Miscellaneous materials = \$5.00 a load
- Full sized pickup truck load = \$10.00 a load
- Materials with trailer, exceeding truck sized load = \$15.00 a load

We now offer ON-SITE PICKUP to all Colington Harbour residents in good standing for a minimum fee of \$25. Contact (252) 441-4026 for information.

COLINGTON HARBOUR SUNSET CONTEST

The OBX is well known for its sunsets. We want to see your best pics around the Harbour at sunset. The winning photo will be featured in the next issue of the Harbour Headlines newsletter and on our website.

Send email photos to chamanager@embarqmail.com



Colington Classifieds

Sailboat for Sale: 1960 Pearson Electra. She's a classic beauty, 23ft, full keeled, draws 3 feet of water, in near excellent shape. I've sailed the boat for over 30 years. I just wanted to step up in size. She handles any weather you can throw at her. She's won many races over the years. New sails included, original spinnaker, inside cushions, knot meter, radio, compass, whisker pole, new anchor etc. A must see! Come look! I want to find a good home for her and an owner who will take good care of her. Please call Jim Davis 252-207-3010.\$6,000.

Appliances for Sale: GE refrigerator. White.Like New. Top Freezer. \$150 Emerson Microwave. Black. Good shape. \$40 Frigidaire Chest Freezer. Good shape. Height 34. Width 22. Length 27. \$100 Patrick. 457 Harbour View Drive. Come by or call 208-310-0896

Vehicle for Sale: 2008 Silver RAV4 Limited V6 AWD 145,500 miles Asking \$9,250 Contact Woody at 920-948-7739 See it at 118 Eagle Dr.

Misc. For Sale: Call please call or text (252) 216-8480, or email susannads1@embarqmail.com for the three listings below:

Teeter HangUp Inversion system: As seen on TV, this system is complete with instruction booklet and add-ons. We have been very pleased with it, but no longer need it.\$175.00

Custom traveling Kitty-Condo: Custom-crafted for camping or traveling with cats or small dogs in a camp trailer or other RV equipped with a slideout. The fully screened condo houses our 3 cats comfortably and has a sturdy floor and roof covering. It allows small animals to experience the outdoors safely while traveling, and has drawn numerous positive comments from other campers. Transports either in back of pickup truck or can be mounted atop a rear tailgate of the RV. \$200.00

Cat Exercise Wheel: "One Fast Cat" cat exercise system, suitable for cats of all ages. Rotating self-standing track wheel is about 48" high x 48" wide. \$175.00

This new classified section allows Harbour residents in good standing an outlet to advertise cars, boats, and other items for sale for a small fee of \$5. Ad must be 250 characters or less (no houses or rooms for rent).

To learn more, as well as to place your classified ad in the next issue, please call the CHA office at (252) 441-5886, or visit www.ColingtonHarbour.net.

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COLINGTON HARBOUR YACHT AND RACQUET CLUB NEWS

Well, we made it through another Outer Banks winter! Now it is time to think about spring and summer (can't come too soon). So, with warmer weather arriving, the Colington Harbour Yacht and Racquet Club (CHYRC) is looking forward to another successful membership drive.

We invite all residents of Colington Harbour to join us this summer. **During the Month of May, we waive the \$100.00 initiation fee for memberships. Please do not let your current membership lapse.** Before you know it, we will be mailing our application for the Colington Harbour Yacht and Racquet Club in April. The Colington Harbour Association will also be mailing out the Home Owner Association (HOA) assessment statements. Association dues are mandatory for all property owners. Colington Harbour Yacht and Racquet Club or pool memberships are offered to all residents, but it is your choice to join us. The tennis courts are also offered in your membership. We are currently in negotiations with a local contractor to re-surface the courts. Hopefully, this project will be completed by June.

Opening day for the pool is Saturday May 28, 2016. We encourage all CHYRC members to join us for a welcome barbeque held at the clubhouse. For your convenience, we will be accepting membership dues at the pool snack shack. The barbeque is for members only.

Membership dues will remain the same as last year. You can go to the chyrclub.org website for forms and payment schedules. As always, we will be looking for certified lifeguards. Please contact Fran Collins at 252-4801-0955 to apply.

In closing, I would like to thank all our loyal Colington Harbour Yacht and Racquet Club board members for their continued hard work and dedication to the club.

Jane Wirth – President CHYRC

IRISH LAMB STEW

Prep 20 min., Cook 2 hours 25 min.

Ready In 2 hours 45 min.

Hearty and traditional Irish lamb stew. It's best to refrigerate the stew overnight, and reheat it the next day for eating. This soup 'ages' well!

Ingredients

- 1 1/2 pounds thickly sliced bacon, diced
- 6 pounds boneless lamb shoulder, cut into 2 inch pieces
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1/2 cup all-purpose flour
- 3 cloves garlic, minced
- 1 large onion, chopped
- 1/2 cup water
- 4 cups beef stock
- 2 teaspoons white sugar
- 4 cups diced carrots
- 2 large onions, cut into bite-size pieces
- 3 potatoes
- 1 teaspoon dried thyme
- 2 bay leaves
- 1 cup white wine

Directions

1. Place bacon in a large, deep skillet. Cook over medium high heat until evenly brown. Drain, crumble, and set aside.

2. Put lamb, salt, pepper, and flour in large mixing bowl. Toss to coat meat evenly. Brown meat in frying pan with bacon fat.

3. Place meat into stock pot (leave 1/4 cup of fat in frying pan). Add the garlic and yellow onion and sauté til onion begins to become golden. Deglaze frying pan with 1/2 cup water and add the garlic-onion mixture to the stock pot with bacon pieces, beef stock, and sugar. Cover and simmer for 1 1/2 hours.

4. Add carrots, onions, potatoes, thyme, bay leaves, and wine to pot. Reduce heat, and simmer covered for 20 minutes until vegetables are tender.



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EVEN EXPERIENCED BOATERS NEED A VESSEL SAFETY CHECK (FREE)!



The most cautious boaters can sometimes experience unexpected problems on the water. That's why the U.S. Coast Guard recommends that all recreational boaters, including personal watercraft and paddle sport users, take advantage of the free Vessel Safety Check program every year.

The courtesy Vessel Safety Check (VSC) is performed at your boat – whether in a slip, at the launch ramp, or in your driveway – by a certified Vessel Examiner. It usually takes 15 to 30 mins, depending upon the size of your boat.

What's In it For Me?

Boats that pass the examination are awarded a distinctive VSC Decal that alerts the Coast Guard, Wildlife, and other law-enforcement agencies that your boat was found to be in full compliance with all Federal and State boating laws. Frequently, such agencies will not detain or board boats displaying a current-year decal that are otherwise operating safely.

What If I Don't Pass?

If your boat does not pass, no report is filed. Instead, you are provided a written report that aids you in correcting any discrepancies noted. Often, a quick trip to West Marine or Walmart is all that is necessary to obtain missing safety items and easily pass a re-inspection.

USCG Auxiliary certified Vessel Examiners are ready to assist you in making sure your boat has all the safety equipment required by law plus other recommended items.

***We will be in Colington Harbour on June 4
from 10:00 a.m. to 1:00 p.m.***

For more information call Pat Fields at **252-261-2857**
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2016 YOUTH SAILING PROGRAM

An Opportunity for the Youth of the Community to Learn to Sail in July

The Colington Yacht Club (CYC) will again sponsor a Youth Sailing Program this summer. This is a US Sail instructional program for young people, ages 8 to 15. Children turning 8 during the camp time must wait until next year. Youth will receive guidance from certified instructors supported by many adult volunteers. They will sail in our Optimist, Sunfish, and Topaz boats and have an opportunity to participate in a regatta.



The Optimist sailboat is designed for children and youth. If the sailor has experience and is able, with training, to right a capsized Sunfish or Topaz sailboat, they may practice their sailing skills with our larger vessels if they desire. Sailors will receive dock-side instruction and hands-on sailing experience, progressing to solo sailing when they are ready.

The total program cost is \$75 per child. We offer this entire program for such a low cost as a service to the families of Colington Harbour. An application/ consent form and a medical form are required to be submitted by parents. These forms are available on the website, colingtonyachtclub.com under the "Youth Sailing" tab. Please submit the registration as soon as possible; the program has filled up within a few weeks of the application being available. Registration opens on March 1st. Registration is complete when your check is received.

The **YOUTH SAILING CAMP** will be held at the Harbour boat ramp Monday, Tuesday, Wednesday, and Thursday mornings from 9:00 a.m. to 11:30 a.m. starting July 5, 2016. The course ends on Thursday, July 28, 2016. There will be a regatta on Sunday, July 31. Sailors need to bring their own life jacket and wear suitable clothing for sailing. Instruction will be given about appropriate protection.

For more information please contact Al Douglass at aid1945@yahoo.com. His cell phone is 215-605-7312.

COLINGTON HARBOUR SUDOKU

	8				9			
		4				8		
		5		2			1	
		9						4
4		3		6				
1			2			5		
7					8			
			5			2		
				9		4	8	

The Classic Sudoku is a number placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once.

Answers located on page 11



OSPREYS

By Cristina Garey

Any day now, we will be seeing the magnificent OSPREY (*Pandion haliaetus*) — also called fish eagle, sea hawk, river hawk, and fish hawk. Here on Colington Island, ospreys are common sights soaring over our shorelines and patrolling our waterways on the hunt for food. The shallow Albemarle Sound is an ideal habitat for these birds of prey.

A fish-eating bird with a world wide range, it is a large raptor, reaching more than 60 cm (24 in) in length and 180 cm (71 in) across the wings. It is brown on the upper parts and mostly grey or white on the head and under parts.

Ospreys are excellent anglers, catching fish in 1 of every 4 dives. The average time spent hunting before making a catch is twelve minutes. When spotting fish under water, ospreys often hover briefly before diving, feet first, to grab a fish. Ospreys are unusual among hawks, in possessing a reversible outer toe that allows them to grasp with two toes in front and two behind. Barbed pads on the soles of the birds' feet help them grip slippery fish. When flying with prey, an Osprey lines up its catch head first for less wind resistance. On rare occasions, osprey will eat birds, or small rodents. Here in Colington, we can often clearly see an Osprey's catch in its talons as it flies back to its nest.

Unable to dive to more than about three feet below the water's surface, ospreys prefer shallow fishing grounds, frequenting deep water only where fish school near the surface. Their habitat includes rivers, lakes, reservoirs, lagoons, swamps, and marshes.

Ospreys require nest sites in open surroundings for easy approach and a long enough ice-free season to allow the young to fledge. The nests are elevated, to protect from predatory mammals like raccoons. Treetops being a common natural choice, they tolerate a wide variety of locations, as long as they are near a body of water providing an adequate supply of fish. The osprey readily builds its nest on manmade structures, such as telephone poles, channel markers, duck blinds, and nest platforms designed especially for it. Such platforms have become an important tool in reestablishing the endangered ospreys. These large, rangy hawks do well around humans.

Ospreys usually mate for life. In Spring, the pair partners for five months to build a nest and raise their young. Osprey nests are built of sticks and lined with bark, sod, grasses, vines, algae, or flotsam and jetsam. The male usually fetches most of the nesting material—



and the female arranges it, (imagine that!). Mates return to the same nest year after year. After generations of adding on, they can end up with nests 10-13 feet deep and 3-6 feet in diameter!

Ospreys are a CONSERVATION SUCCESS STORY; their numbers crashed between the 1950's and the 1970's when pesticides poisoned the birds and thinned their eggshells. Along the N.E. coast for example, about 90 percent of breeding pairs disappeared. Osprey studies provided key support for legal arguments against the use of persistent pesticides. After the 1972 U.S. DDT ban, populations rebounded, in part aided by the healthy colonies in the coastal Carolinas. But ospreys are still listed as endangered in some states.

An osprey may log more than 160,000 migration miles during its 15-to-20-year lifetime. The oldest known osprey was 25 years, 2 months old. The name "osprey" made its first appearance around 1460, via the Medieval Latin phrase for "bird of prey" (*avis prede*).

Credits: The Cornell Lab of Ornithology, Wikipedia.org, Audubon Field Guide

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SPRING CLEANING

Spring cleaning time is here! I think we all look forward to spring cleaning, because it signifies a fresh start for us after the winter months. Spring cleaning can take on another meaning. It's the ideal time to check our homes and yards for dangerous materials and unsafe conditions, and to spend the time to protect our families and our properties.

Start by taking a few minutes to plan your safety clean-up day. You will want to check each room in your house, including the attic and basement. Also, don't forget the garage, yard and storage shed. Plan to do several different things:

1. Remove All Hazards.

Check and correct things like:

- Frayed or damaged appliance cords, wiring, fuses or breakers.
- Remove piles of rubbish, trash and yard debris.
- Remove stacks of paper and magazines; take them to recycling centers.
- Check for water leaks, especially near electrical appliances.
- Check for good clearance between heating appliances and combustibles.

2. Properly Store Flammable Liquids and Home Chemicals.

- Make sure that gasoline and cleaning fluids are well marked and are out of the reach of children and pets. Store in a cool, dry place outside the house.
- Clean up work areas. Put dangerous tools, adhesives, matches or other work items away and out of any child's reach.
- Inventory all home and yard chemicals, paints and poisons. Store them according to their label. Properly dispose of any that are expired, leaking, or look bad, but don't throw them in the trash or down the drain.
- Make sure that all chemicals are kept under lock and key and out of reach of children and pets.

3. Check Fire Protection and Safety Equipment. This is important!

- Check your smoke alarm. **DO IT NOW**, while you are thinking about it. If you need one and can't afford to buy one, call us. We'll help you. If you need help checking or replacing a battery, call us. But most importantly, make sure your smoke alarm works. If you didn't change the battery in your smoke alarm when you change the time on March 19th, **DO IT NOW!**



- If you use any gas or wood burning appliances or heaters, install and maintain a Carbon Monoxide alarm too.
- Check fire extinguishers for proper type and placement.
- Make sure all doors and windows open easily for fast escapes.
- Can we find you in an emergency? Make sure your street numbers are posted properly and are visible. The fire department sells and installs reflective address signs that are great for quickly locating homes.
- Check and make sure you have a working flashlight and battery-powered radio for the approaching storm season.

4. Plan Your Escape Now

- Sit down with your family and make sure that everyone knows what to do in the event of a fire.
- Make sure you have two ways out of every room and that you have a meeting place outside the house for the whole family.
- Practice the plan. Even the best plan is no good if you don't practice it!
- You can do a lot to protect yourself, your family and your property. In fact, you are the key to your safety. A little time spent on simple common sense prevention will do a lot to make your house a safer place. We are here to help you! Please call us and we will show you more ways that you can protect yourself all year long.

Open Burning

Right along with spring-cleaning comes open burning. North Carolina laws are very strict in regard to open burning. In fact, the only items allowed to be



CONTINUED NEXT



... FIRE CONTINUED

burned are natural vegetation, limbs, twigs and yard debris that originate on the property. Absolutely no trash or building materials of any type may be burned, not even in burn barrels. A permit is required for all open burning, with the exception of small camp fires or outdoor fireplaces. The permits, available from the fire department at no charge, are issued for a maximum of 4 days and only allow burning between the hours of 8 A.M. and 6 P.M. The department may inspect the area before a permit is issued. Try to choose days that the smoke doesn't bother a neighbor. The department may deny permits if conditions are not favorable for safe burning. Call the station for more information 441-6234.

One Last Word...

The Colington Volunteer Fire Department has openings for volunteer firefighters. It's a physically demanding job. Are YOU up to the challenge? Call or stop by the station for more information. And remember, the department hosts Bingo every Wednesday evening. Doors open at 5 P.M. and play begins at 6:30 P.M.

Come enjoy an evening with your neighbors and support the department at the same time!

TIPS FOR KEEPING OUR HARBOUR'S WATER CLEAN

Keeping water clean begins with each of us—where we live, work and play, and with the simple daily actions we take. Here are a few ways you can make a difference to reduce pollution:

Plant trees, shrubs and groundcovers, especially around surface water. Vegetation acts as a natural filter for runoff entering ponds, lakes or streams. Plants can also prevent shoreline erosion and keep soil from washing away.

Maintain a healthy lawn. A dense, healthy lawn can be an excellent filter for pollutants. Before you apply fertilizers, test your soil so you apply only what you need. Use the right fertilizer, at the right time and in the proper amount.

CONTINUED NEXT PAGE...



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**Saturday, March 26th
Colington Harbour Park Pavilion
1 PM**

3 Age Groups	*Egg/Spoon Race
0-3 year olds	*Bunny Face Painting
4-6 year olds	*Bean Bag Toss
7-10 year olds	*Sack Races
Appearance by the Easter Bunny	



... WATER CONTINUED

Clean up after pets. Dispose of pet waste in the garbage.

Compost grass clippings, leaves and garden waste. When these materials are washed into streams and lakes, they decay, which in turn consumes oxygen that fish and other aquatic animals need to survive.

Practice integrated pest management (IPM) around your home and garden. IPM reduces pest problems through a variety of cultural, mechanical, biological and chemical methods. Try to eliminate chemical use or keep pesticide use to a minimum by using them only when other methods are not successful.

Maintain your vehicles in good condition to prevent leaks such as oil or antifreeze. Spilled motor oil, gasoline and lubricants can contaminate wells and streams. *Thank you for keeping our Harbour clean!*

COLINGTON HARBOUR SUDOKU KEY

2	8	7	1	5	9	3	4	6
9	1	4	6	7	3	8	5	2
6	3	5	8	2	4	9	1	7
5	2	9	3	8	1	7	6	4
4	7	3	9	6	5	1	2	8
1	6	8	2	4	7	5	9	3
7	9	2	4	1	8	6	3	5
8	4	1	5	3	6	2	7	9
3	5	6	7	9	2	4	8	1

DIY SILK TIE DYED EASTER EGGS TUTORIAL

- First you'll need to start with 100% silk ties (brighter colors turn out the best)
- Go ahead and open up the ties by removing the stitching up the middle. Most likely you'll find that there is a white liner inside the tie. Set this aside to use later.
- Wrap your egg in the silk fabric and tie it up at one end with string or floss
- This is where you can get creative. You can use one large piece of fabric or several small strips. For small hands, it may be easier if the fabric is wet when it is wrapped around the egg.
- So you don't get large white spaces on your finished Easter eggs, wrap the egg many times over with the string.
- After you've wrapped the egg in silk, you'll need to wrap it in clean white cotton. (old pillowcase, white t-shirt, lining from the tie)
- Boil the eggs for 20 minutes in 2 cups of water and a 1/4 cup of white vinegar.
- Remove them from boiling water and let them sit in the cold water for 10 minutes.

Unwrap and enjoy!



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