



FALL 2017

VOLUME 5 • ISSUE 1

HARBOUR HEADLINES

COLINGTON HARBOUR, NORTH CAROLINA

JUST A FEW REMINDERS:

- Trash cans should be removed from the street the same day after pickup is completed.
- Dare County Sanitation will NOT pick up boxes/bags of trash if they are not IN the trash can.
- Discarded items should never be placed on the right-of-way unless there is a scheduled large item pick up in Colington. Please do not place them in the right-of-way, until the day before the scheduled pick up.
- Vehicles are not allowed to be parked on the paved portion of the streets.
- Vehicles stopping at the gatehouse MUST give right-of-way to those entering through the right, Residents lane.

FALL CHA OFFICE HOURS

Monday – Friday, 9:00 am – 5:00 pm until Nov. 6
then

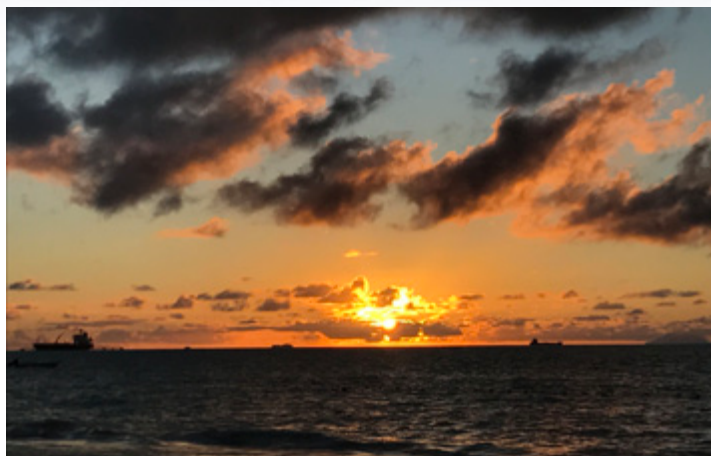
Monday – Friday, 9:00 am – 4:30 pm after Nov. 6

COLINGTON HARBOUR ASSOCIATION OFFICERS 2017-2018

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SUNSET CONTEST WINNER

Beautiful image captured by Tim Coy is our October Sunset Contest Winner!



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When was the last time you updated your charts? NOAA's Booklet Charts are reduced in scale and divided into pages. They contain all the information of the full-scale nautical chart.

They can be printed or downloaded free to any computer or mobile device. The charts are updated weekly. Go to www.nauticalcharts.noaa.gov for details.



COLINGTON HARBOUR ASSOCIATION INC.

Phone: (252) 441-5886 - Fax: (252) 441-7806

Web: www.colingtonharbour.net

1000 Colington Drive Kill Devil Hills, NC 27948

To send to the Attention of Board of Directors:
 Mail to: P.O. Box 342 Kill Devil Hills, NC

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ALL ADS AND AD PAYMENTS MUST BE RECEIVED IN THE OFFICE NO LATER THAN NOVEMBER 17TH, 2017 TO BE INCLUDED IN THE WINTER 2017 ISSUE OF HARBOUR HEADLINES. IF THE CHA OFFICE DOES NOT RECEIVE PAYMENT FOR ADS BY THE DUE DATE, THEY WILL NOT BE PRINTED.

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COLINGTON HARBOUR ASSOCIATION FEES PROVIDE:

Colington Harbour is a private gated subdivision, with over 2,400 lots. Amenities within the Harbour include:

- 24/7 staffed, guard gate entrance to the community
- Full time maintenance staff
- Paved, private roads
- Huge sound side park with sandy beaches
- Playground
- Sheltered picnic areas
- 'First come-first served' kayak rack
- Boat launch ramp
- Boat slips for rent

Residents may opt to join the Colington Harbour Yacht and Racquet Club, which gives members use of the outdoor swimming pool, tennis courts, and community clubhouse. Additionally, residents may join the Colington Yacht Club, which holds sailboat races, picnics, community events, and provides a Youth Sailing School each summer.

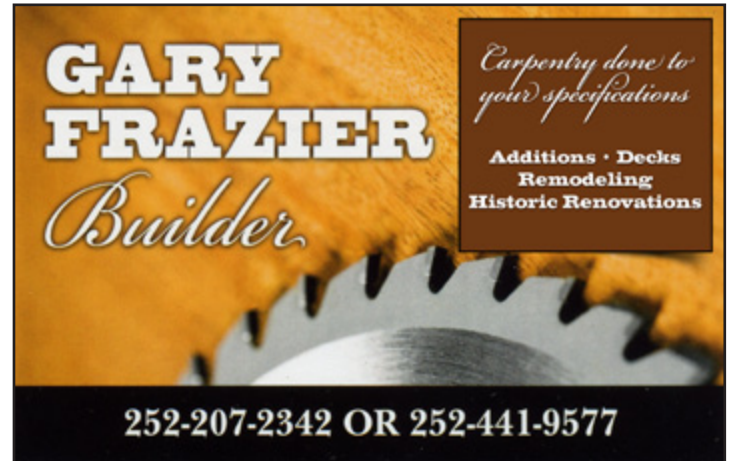
COLINGTON HARBOUR ASSOCIATION FEES DO NOT PROVIDE:

- Police Services: Those in need of police services should contact the Dare County Sheriff's Office.
- Emergencies: 911; Non-emergencies: 252-473-3444
- Fire Services: Colington Volunteer Fire Department. Emergencies – 911; non-emergencies – 252-441-6234
- Ambulance Services - Emergencies - 911
- Animal Control Services – Contact Outer Banks SPCA at 252-475-5620
- Waterways Regulation Enforcement (this includes the canals of Colington Harbour) – contact NC Marine Patrol, District 1 at 800-405-7774 or 252-473-5734.

WRITERS NEEDED

We are looking for people to write articles about community events, interests, school happenings; you name it. If you are interested in writing articles, or have an idea on topics you would like to see in the Harbour Headlines, please send an email with your proposed article and/or topics to: colingtonadmin@colingtonharbour.net

Harbour Headlines is now published quarterly, with the next issue (4th quarter) being published January 1st. Deadline for submission of articles, for the next issue, is December 1, 2017.



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MAINTENANCE YARD

Dare County is now charging the Association \$65/a ton for the commercial bins that are in the Maintenance Yard, so unfortunately we have had to change the fees charged. The discretion of maintenance yard staff will determine if fees differ due to weight and load. Please don't take any frustrations you may have on this out on our maintenance staff, and if you have any questions or concerns, feel free to contact the Association office at (252) 441-5886.

FALL/WINTER YARD HOURS (Effective Sept. 30, 2017) Saturday 9:00 am – 2:00 pm

- Miscellaneous Materials = \$5.00 a load
- Full sized pickup truck load = \$10.00 a load
- Materials with trailer, exceeding truck sized load = \$15.00 a load

We now offer on-site pickup to all Colington Harbour residents in good standing, for a minimum fee of \$25. Call Maintenance at (252) 599-0520 to schedule a pickup.

Colington Harbour operates a maintenance yard available to residents to drop off a wide variety of items, while Dare County offers a regular large item curbside pickup service. Phone: (252) 441-4026

GUIDELINES AND RESTRICTIONS

- A valid Colington Harbour decal is required when dropping off material.
- Please do not place items for the county large item pickup at the roadside until the day before pickup day. If the county does not take an item placed at the roadside, it has been rejected and must be disposed of at your expense.
- Neither the county large item pickup nor the CHA maintenance yard accept commercial construction scraps (e.g. lumber, drywall, etc.), lot clearing items (e.g. stumps, large branches, etc.), or other prohibited items. Only small items of scrap lumber, metal or yard debris are accepted by the maintenance yard.
- Trash items must be transported to the maintenance yard by residents only, unless you do not have the means to transport them. You may contact Maintenance, at (252) 599-0520, to arrange for maintenance staff to transport items for a nominal fee.



Ken Pagurek, past Colington Harbour Association President and resident

KEN PAGUREK RECEIVES WRIGHT BROTHERS MASTER PILOT AWARD

Longtime Wright Brothers National Memorial (WRBR) volunteer, Ken Pagurek, was recently awarded the Wright Brothers Master Pilot award

by the Federal Aviation Administration. According to the FAA, the Wright Brothers Master Pilot award is the highest honor conferred upon a pilot, and is meant to "recognize individuals who have exhibited professionalism, skill, and aviation expertise for at least 50 years while piloting aircraft as 'Master Pilots.'" Award recipients must have 50+ years of safe piloting history. Ken received a certificate, a lapel pin, and his name was added to the Wright Brothers Master Pilot Award Roll of Honor.

Ken's first airplane flight was with a coworker in a Cessna-172 in a flight over Washington, D.C. in 1965. It was love at first flight, and he soon signed up for lessons and began conducting solo flights. Ken received his private pilot's license in 1975, his commercial pilot's license in 1976, and became a flight instructor in 1977. He currently gives lessons at Currituck County Regional Airport and occasionally does charter flights.

Ken has been volunteering at Wright Brothers National Memorial since 2003. Bud Brown, a friend and then WRBR volunteer, encouraged Ken to volunteer at the park because of his extensive aviation knowledge. As a dedicated WRBR volunteer, Ken maintains the Pilot's Booth adjacent to the First Flight Airstrip. He ensures the building is in good shape and that all information and brochures available to incoming pilots are up to date. Ken enjoys interacting with park visitors in the visitor center. His favorite visitor interactions are with pilots who fly into the park.

"It is an honor and a privilege to receive the highest award the FAA gives to its pilots," said Ken. Wright Brothers National Memorial is lucky to have such a dedicated and knowledgeable volunteer who belongs to such an exclusive class of pilots. *Congratulations, Ken!*

By Michael Barber, michael_barber@nps.gov

This column, written by Ranger Stephanie Powell, was originally published in the Outer Banks Group's Coastal Connection Volunteer Program newsletter (Issue 4), and was republished here with permission from the National Park Service.



COLINGTON YACHT CLUB

Submitted by Rick & Sharron Hildebrandt

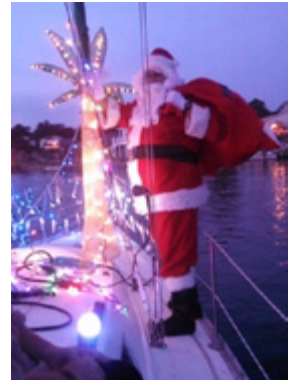
Colington Yacht Club recently finished its 15th year running the Youth Sailing Program. The program was initiated by Keith and Nancy Brightbill, followed by Don and Louise Dow. During the last five years, it has been directed by our instructors Al Douglas, Allan Norton and more recently, Gene Meacham. This summer, 34 students were taught by Al and his group (which included 20 volunteers from the community), without whom the program would not be successful. Volunteers need not be CYC members.



During the program, students learn basic sailing skills in a safe and friendly environment. The beginners sail in the harbor in sailing dinghies called Optimists, while the more experienced may sail boats on the sound, in Sunfish and Topaz boats. All activity is closely monitored by the instructors and crew on land, and powered boats and kayaks on water. The sailboats are stored in our Youth shed, the space for which was donated by Colington Harbour Association in 2004. The above picture illustrates the very popular "Pirates

Day", during which students search for clues to "treasure", by making several sailing stops. Al Douglas' boat held the final clue of the year, and as you can see, was overrun by treasure hunters!


Besides Youth Sailing, which is our best-known program, CYC also works with the CH Association on canal clean up, sponsoring The Lighted Boat Parade in December, and The Blessing of the Fleet in May, as well as working with CHA to monitor inlet depths.




During Spring 2017, the Inlet Committee was formed by CHA to monitor the inlet to the harbor, to develop dredging plans to maintain proper depths in the inlet, along with other projects as they develop. Although it is currently staffed by CYC members and community residents, any interested resident, with relevant skills, is welcome to join the committee.

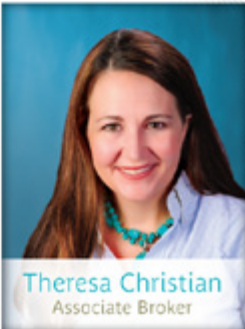
We have a fun side – boating! CYC sponsors sailboat races and raft-ups, Wednesday night Social Sails, power boating and various social functions, such as picnics at the pavilion. Mark your calendars for the Lighted Boat Parade, on December 9, 2017. All boats in the Harbour are welcome to participate. Last year, we had a record number of boats (with corresponding wattage!). Hot cocoa & cider, homemade cookies, and Duck Donuts are provided for all attendees. Directions and launch time may be found on our website. Hope to see you on December 9!

We are always looking for new members. If you want to meet new people and have fun on the water, check out our web site, www.colingtonyachtclub.com for membership information.



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COLINGTON FIRE DEPARTMENT

For this edition of Harbour Headlines, the Colington Volunteer Fire Department is sharing great information from our partners in fire safety, the U.S. Fire Administration and the National Fire Protection Association.

Fire Safety For Your Home

Three out of five home fire deaths in 2010-2014 occurred in homes with no smoke alarms or no working smoke alarms. Smoke alarms serve as a first alert, letting your family know there's imminent danger and providing a few moments warning for you to enact your fire safety plan. Remember, a working smoke alarm could double your chance of surviving a fire in your home.

Follow these recommendations from the U.S. Fire Administration to install or update your home smoke alarms:

- Install a smoke alarm on every floor of your home.
- Install a smoke alarm outside every sleeping area.

- Ideally, install smoke alarms in every sleeping area, too.
- Replace smoke alarms after 10 years.

Also, be sure to test your smoke alarms at least twice annually. Smoke alarms that have a 9 volt battery, either as the main power or as a backup, should get a new battery every six months, at minimum, to ensure proper functioning.

Roughly seven people die every day in the U.S. because of home fires. Kids under the age of five have a much higher risk of dying in a residential fire compared to children in other age groups, according to the U.S. Fire Administration. In fact, among the thousands of children killed or injured in home fires each year, more than 40 percent are under five years of age.

Young kids aren't as capable of exiting a home or understanding the dangers of fire risks, so parents must take extra precautions to reduce fire risk in the home, including installing fire safety equipment and preparing comprehensive safety and evacuation plans to ensure children escape safely.

Fire safety for kids: Prepare, practice and prevent

The U.S. Fire Administration, in conjunction with the Federal Emergency Management Agency (FEMA), the Ameri-

Continued next page...

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FIRE DEPARTMENT CONTINUED...

can Academy of Pediatrics, NFPA, National SAFE KIDS Campaign and ZERO TO THREE, recommend three P's of fire safety for children under five:

PREPARE – Reduce the risk of fires in your home by eliminating hazards.

PRACTICE – Practice a home fire evacuation plan and general fire safety practices.

PREVENT – The Unthinkable.

Great advice

It takes about two minutes for a small flame to turn into a life-threatening fire and just five minutes for a fire to engulf an entire home, according to Ready.gov. Putting in place fire prevention measures to avoid a home fire altogether is the best fire safety practice.

While prevention isn't a 100 percent guarantee, there are many precautions you can take in your home to reduce fire hazards and keep your kids safe. Follow these recommendations to address common household fire hazards and protect your family from a home fire catching in your home:

- Don't overload electric outlets, extension cords or wall sockets. Multiple extension cords together for several appliances into the same outlet is a bad idea.
- Reduce clutter. This is especially important in the kitchen, where dish towels, sponges, paper towels, and other items can catch fire if placed too close to a hot stove. But it's also important in all areas of your home – blankets and clothing piled up against a heater, for instance, can also pose a fire hazard. As a rule, keep combustible materials at least three feet from the heat sources, and never leave cooking unattended.
- Don't leave burning candles unattended. A candle can fall for a multitude of reasons, lighting carpets, curtains or furniture ablaze. This can also happen if a candle is allowed to burn down too low, causing its glass container to break and freeing the flame.
- Hide all matches and lighters out of reach of young children. Even responsible children can accidentally light a fire if they encounter a lighter or match and try it out of curiosity. It's best to place these items well out of reach of kids.
- Give your clothes dryer proper maintenance. Cleaning the lint catcher thoroughly with every load is just the starting point. Over time, lint and other particles can build up in the vent system or dryer cabinet (where the heating element is located) and potentially cause fires. Having your dryer cabinet professionally cleaned every two years can also reduce potential fire risks.



HALLOWEEN SAFETY TIPS

Safety Tips for Children:

- It's **Not Safe** to go trick-or-treating by yourself. Make sure that an adult is going with you.
- When trick-or-treating, be sure to **Cross The Street Safely**. Always look both ways and only cross at corners or crosswalks. Take the hand of an adult or another child when crossing the street.
- You should **NEVER** go into a house or get into a car with a stranger. If this happens, scream as loud as you can and run away as fast as you can to some place safe.

Safety Tips for Young Teens:

- Don't let your friends **Pressure You** into doing something you don't want to do. Have fun but don't do something you don't feel is right. Be your own person.
- **Don't Wander Off Alone**. Go out with a group, and stay with your group.
- Be careful when walking near any van type cars. Try to **Stay Away** from them if you can. Most **Abductions** happen in vans.

Safety Tips for Parents:

- Serve your kids a filling meal before trick or treating and they won't be as **Tempted** to eat any candy.
- As bad as it sounds, this is just a fact of life now. Check your local state website for **Sex Offenders Addresses**. Almost every state has one, just do a search for your state sex offender site. Look up your zip code and it should have a list of registered offenders in your area that includes street addresses. Make sure that your kids **Stay Away** from these houses!
- Help your child pick out a **Safe Costume**. Make sure that it's fire proof. If they are wearing a mask, make sure that the eye holes are large enough for good peripheral vision.
- Make sure that if your child is carrying a prop, such as a knife or a pitchfork, that the tips are **Safe Enough** to not cause injury if fallen on. Make sure that costumes won't cause them to trip.

October 8-14 is National Fire Prevention Week

In a fire, seconds count. Seconds can mean the difference between residents of our community escaping safely from a fire or having their lives end in tragedy.

That's why this year's Fire Prevention Week theme: "Every Second Counts: Plan 2 Ways Out!" is so important. It reinforces why everyone needs to have an escape plan. Here's this year's key campaign messages:



TECHNIQUES FOR AIDING BALANCE



Try to do these exercises daily, or at least 3-4 times per week for maximum benefit.

1. Stand on one foot for 1 minute, beginning with 10-20 seconds, and increasing to 1 minute as you gain balance.

2. Switch feet and repeat. It is easier with shoes, so once you gain balance, try doing the exercise barefoot. You will engage the muscles in your feet by doing the exercise barefoot.

Modification for #1 and #2: Stand naturally with your feet a hip width apart. Shift weight to one foot, and stand for 15 seconds. Shift back to center, and move weight to other foot. Hold 15 seconds.

3. Walk heel-to-toe, as in tight rope style (easier said than done!). Start out with a few steps working toward longer walks each time.

Modification for #3: Walk close to a table or wall to help with balance.

4. Rise from chairs and couches without using hands to push yourself up. Hug yourself as you rise, or hold arms straight out in front of you.

5. March in slow motion. Raise one knee as high as is comfortable. Hold for a count of 3 seconds, and slowly return foot to the floor. Switch feet and repeat.

Note: When doing leg exercises, be sure to stand on each leg in turn, so you can condition both sides of the body. Always be aware that one side of the body is stronger than the other.

Keep exercising! Your body will love you for it!



COLINGTON HARBOUR YACHT & RACQUET CLUB NEWS

Submitted by Jane Wirth

Annual Membership Meeting - October 14 at 1:00 pm at the Clubhouse. If you are unable to attend, please send your proxy.

After a wonderful summer in our beautiful pool, it is time to cover the pool until next year. We need your help to cover the pool. Please watch the Club Board at the gate, and our Facebook page for time & date, if you would like to volunteer.

Thanks to **Fran Collins** and her crew for a successful season. Many thanks to our water aerobics instructors who volunteered their time each week: **Jane Kashuba, Hunter Will, & Val Morton**. A special thanks to **Gloria Porter**, who welcomes us every morning, and checks us in.

We had great turnouts each week for our Friday Night "Burgers & Dogs" this summer. It was great to see everyone and meet new neighbors.

Mark Your Calendars for these Member Events:

September 30:	Social Hour
October 14:	Annual Meeting
October 21:	Dinner/Pizza Party
November 18:	Turkey Shoot
December 2:	Light Up Night
December 9:	Christmas Dinner

Yoga Classes

Anyone interested in signing up for yoga should contact **Sue Colter** (252-449-2841) for details.

Looking forward to seeing you at an event!
Follow us on Facebook, www.facebook.com/ColingtonHarbourYachtAndRacquetClub
- and our website: www.chyrc.org

- Draw a map of your home (PDF) with all members of your household, marking two exits from each room and a path to the outside from each exit.
- Practice your home fire drill twice a year. Conduct one at night and one during the day with everyone in your home, and practice using different ways out.
- Teach children how to escape on their own in case you can't help them.

- Make sure the number of your home is clearly marked and easy for the fire department to find.
- Close doors behind you as you leave – this may slow the spread of smoke, heat, and fire.
- Once you get outside, stay outside. Never go back inside a burning building.

Please visit the CVFD website for more great fire and life safety information and current happenings in the department and community! www.colingtonfd.com





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